



FALLER®

*Beauty & Cosmetic Surgery
Guide 2021*

THE FUTURE'S BRIGHT

Brush up on the latest secrets to a gleaming smile

By FRANCESCA WHITE

1 ORDO

Sonic+ Toothbrush, £50

The sleekest model on the market, this rose-gold toothbrush is sure to smarten up your bathroom. Soft bristles deliver 40,000 sonic pulses for a deep-down clean – plus, the battery lasts for up to three weeks. Style and substance. ordolife.com

2 BULY 1803

Opiat Dentaire – Orange, Ginger & Clove, £21

A citrus-sweet blend from one of the world's oldest apothecaries – in the most fabulous tube. buly1803.com

3 CHIOS GUM, £27

The storied apothecary is also the purveyor of the original chewing gum. Used since antiquity, it contains tiny drops of antibacterial herbaceous resin to freshen the breath, protect the gums and whiten the teeth. buly1803.com



4 AESOP

Toothpaste, £10

Aniseed and Japanese wasabi combine in this spicy spin on a traditional toothpaste. aesop.com

5 ION-SEI

Sonic Toothbrush, £130

Designed in Japan, the ION-Sci electric toothbrush takes dental hygiene to supersonic levels. It's fitted with a UV light tip and titanium dioxide bar in the handle, and powering it up generates the release of negative ions – clinically proven to suppress plaque-causing bacteria. The 'moon grey' shade is space-age cool. ion-sei.com

6 LEBON

Une Piscine à Antibes, £18

This Côte d'Azur brand infuses its pastes with fragrances from Grasse – plus gum-friendly aloe and green tea. This edition is inspired by Hotel du Cap-Eden-Roc's pool. lebontoothpaste.co.uk

7 FOREO

ISSA Toothbrush, £129

Fashioned from soft-moulded silicone, Foreo's ergonomic toothbrush is a veritable piece of art. Its ultra-hygienic 'bristles' are gentle without compromising on cleaning. The result? A whiter, brighter smile. foreo.com

WORD OF MOUTH... The names to know in dentistry

DR ANDREW DAWOOD

Dawood is an innovator in dentistry. When he's not creating pioneering tech to be used within the industry, he's to be found at the chic Dawood & Tanner clinic, which he runs alongside his wife, specialist prosthodontist Susan Tanner. Here, he makes light work of even the heftiest procedures: from full-mouth reconstructions to fiddly implant surgeries and gum grafting. When he's done, you'll be smiling from ear to ear. dawoodandtanner.co.uk

DR KAVAL PATEL

It flies under the radar, but e-Line Orthodontics is the smartest place to straighten your teeth. Sleek interiors meet cutting-edge kit in the sprawling

clinic, where the focus is on preserving your natural smile: cue an extensive orthodontic evaluation and hygiene appointment before a course of action is prescribed. Lead orthodontist Patel is the king of Invisalign – the moulded retainer that nudges teeth into place. It's the most seamless service the Harley Street area has to offer. elineorthodontics.com

DR MARK HUGHES

Co-founder of the dazzling Define Clinic in Beaconsfield, US-trained Hughes is the master of smile makeovers. He's a whizz at veneers (for a younger-looking mouth, with minimal downtime), while his cosmetic bonding is a fast and effective way to smooth ragged edges. When you're done, book in with

injectables whizz and co-founder Dr Benji Dhillon: his way with a cannula restores harmony to the lower face (as well as confidence). defineclinic.com

DR RHONA ESKANDER

Half of Chelsea has Eskander on speed dial – not just because she's great fun to be around, but because her teeth whitening is second to none. She's a stickler for perfection and her lunchtime teeth whitening uses the Philips Zoom system to get your smile gleaming in less than an hour. Expect an initial in-clinic application (using a supercharged solution to kickstart the brightening process), followed by bespoke trays to carry on the good work at home. drhonaeskander.com